Activity Report: Awareness lecture about wise use of social media

Name of activity	Awareness lecture about wise use of social media
Objectives of the activity (maximum 40 words)	To make students and parents aware drawbacks of overuse of mobiles and social platforms and also about effective use of social media
Organizing department/s	Department of Biotechnology and Microbiology
Collaborative institute	
Date	19/08/2023 at 3:30 pm
(DD/MM/YYYY)	
Venue	Patanjali auditorium
Mode	online
Details of Resource	Ms. Prerana Mahajan, Counselling Psycologist, Forensic expert
person	
(name, designation,	
institution)	
Key Participants	Biotechnology and microbiology students and parents from all three years classes
Remarkable outcomes/	Ms. Prerana Mahajan, discussed medical social and
key take-away messages	psychological effects of overuse of social media.
(max. three)	She discussed measures to reduce the mobile use and made students aware about how to control digital time through various apps.
Details of participants	
Total Number	55 students
Outsiders	+ parents
In-house	All 55
Additional information	

Name of Coordinator/ teacher in-charge: Dr. Kalpita Mulye, Dr. Jayshree pawar